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Volume VII, No. 4
The Journal of the International Association for Neuro-Linguistic Programming

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Contents

ARTICLES
Letter from the President ...................... 3
Doug Sauber
Modelling Exceptional Trainings ........ 6
Steve Davis
Orlando Conference ......................... 8
Teresa Robbins
Harvest Your Ideas for 1993
IANLP Conference in Utah ................. 11
Martha Wiglesworth

We're Cookin' With Gas! ...................... 12
Edna Clay
Isle of Pleasure Tape Review .............. 17
Christina Boyd and Michael Hemmelgarn
Connie and Steve Andreas ................. 20

ANNOUNCEMENTS
Advertising Index ......................... 22
Advertising Information ................. 2
Calendar of Events ...................... 14

Conference, Canadian ...................... 17
Conference, Mountain States ................ 22
Conference, North Central ................ 17
Conference, Northeast ..................... 18
Conference, Southeast .................... 13
Leadership Roster ......................... 23
Membership Information ................... 7
Research Database ......................... 13
Request For Proposals .................... 19

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NLP Connection 2 July-August 1992
Letter from the President

I don’t know how many of you think that the year begins and ends in April. Since you elected me President of this association, I have begun to think just that. I realize that April is not the beginning of the calendar year; it isn’t the month of my birthday, and it isn’t the beginning of the school year; it isn’t even IANLP’s fiscal year (which begins in July). It is the time of year in which each President of IANLP assumes his or her responsibility for the health and growth of the association, and the short period in which we get to attempt to accomplish our goals for the association. In this letter I want to let you know about my goals for this year.

I want to broaden our roots. I want to greatly increase the activity of IANLP at the local level. I have challenged the Regional Representatives and the Local Chapters Committee to have some regular IANLP-sponsored activity going on in every major population center in North America by the end of April 1993. I hope that by that time we will also have active affiliations with groups in Latin America and in Europe as well. If you have any interest in discussion groups, study groups, presentations, tape libraries, networking, and support for NLP practitioners and the interested community in your neighborhood, contact your Regional Representative or Carl Palmer, who is Chair of the Local Chapters Committee.

As another way of reaching out to local communities, the Board created a Legislative Action Committee. This committee will develop and act on an agenda for legislative action in the nations, states, provinces, cities, and towns in which our members work and live. The LAC will operate entirely from contributions, and will not be funded from the regular IANLP budget. Watch these pages for more about this committee; contact Gordon Gamm, Chair of the committee, if you know about legislative issues we should know about.

Let me also note here that the Board of Directors has also established a Grievance Committee. This committee has been created to provide an advocacy group for individual members who have concerns (yes, maybe even complaints) about actions taken by IANLP staff at any level of the association. All the Regional Representatives are members of this committee, and are the people to contact with any concerns.

I want to extend our reach. Acting on a mandate from the Fellows, the Board has taken action to create a seal that training institutes around the world will be able to use on materials about NLP Certification trainings that meet the IANLP training guidelines. By the end of the summer you should begin to see this seal appearing on brochures and flyers that you receive from NLP training institutes. This Guidelines Seal will provide a way for the membership and the public to know which trainings meet the IANLP training guidelines, and for institutes to let you know that they support those guidelines. More information about this process will be in these pages as it becomes available; questions or suggestions can be sent to the co-Chairs of the Guidelines Committee, Karen Bading and Geoffrey Check.

I want to clean up our act. It is my intention that IANLP will be functioning in a more businesslike manner by the end of my term as President. IANLP will be ten years old in 1993, and as an organization we have some growing to do. I hope that those of you who pay attention to such things will notice the Board of Directors and the standing committees functioning in a more directed, more active, more dependable, and more fiscally responsible manner during this year, and the years to come.

Finally, the Long Range Planning Committee has been asked to report to the Board on sources of income for IANLP beyond conferences and membership dues. The association needs a more secure financial base, and the primary way in which we will be able to create this base is by increasing association revenue. A preliminary report is due in October; anyone with ideas should contact the Chair of this committee, Tad James.

In large frame, you have my agenda for this year, April 1992 to April 1993. As President, I am chief cheerleader for IANLP this year, and I encourage you to talk about these issues as well as about your agenda. Discuss the issues, argue about them, support those who are working on them, and take action yourself. There was clearly a lot of energy at our annual conference in Orlando; let’s use that energy to get moving.

Yours,

Doug Sauber

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New Membership Brochures are now available from the IANLP Office. Call Laura Shaw at 317-636-6059 or write her at the address on page two.
MODELLING EXCEPTIONAL NLP TRAININGS
by Steve Davis

At the end of our intensive Practitioner and Master Practitioner Trainings at NLP Manitoba in Winnipeg (central Canada for those of you who are wondering) last summer, the other trainers and I scratched our heads and asked, “What happened in this training that made it so incredible for the participants and for all of us as trainers?” This question continues to offer a gentle nudge for us to discover means for improving already exceptional trainings by modeling them when they occur.

Most of this article grew out of a panel discussion entitled “Come Play With Us”, which Rodger Bailey, Karen Bading, Marcia Reese, Susan Borg, and I presented at the IANLP annual conference in Orlando. Our intent was to share what was happening at our learning edges. It seemed ideal to discuss what we learned in modelling our training at NLP Manitoba last summer as an example of those rare and truly exceptional training experiences which seem to set new highgs. As with all modelling, our goal was to amplify our ability to encourage their recurrences. This would also allow others on the panel or in the room to share what they recognized as key to such amazing training experiences. Our panel, together with a thoroughly candid, creative and lively set of attendees (Martin Lowenthal, Qi Lin Millen, Gordon Sherley, Cal Bennett, Jill Lavelle, Wende Silver, and Deb Koffman), began by assuming a practiced knowledge of platform skills including, of course, application of all the NLP lore. The starting question was, “On top of all the known NLP platform skills and procedures, what happens when the group experience exceeds all expectations or prior experiences?” Thus far we have identified these six themes which have astounding potential when combined synergistically:

1) Satir Training

At NLP Manitoba we include two days of basic Satir Family Therapy experiences under the guidance of Maria Gomori, a trainer in the Satir approach who presents throughout North America, Asia, Africa, and Europe. She was a student/friend of Virginia Satir since 1969, and a student/friend of Richard Bandler, John Grinder, Leslie Cameron-Bandler, Judith DeLozier, and Robert Dilts, since the early days of NLP. Her time with the group elaborates on the roots of NLP and allows participants to experience how elegantly rapport, anchoring, reframing, assuming multiple perceptual positions, and setting outcomes can all occur within extremely powerful personal work. These two days deepen participants’ understanding of the positive intent behind behaviors and allow them to transform personal family issues through parts parties, family sculptures, couples’ parts parties, and various other exercises relevant to the group’s process. Maria’s skill in facilitating group bonding is sufficiently extraordinary that our Master Practitioner people in this summer’s training will be modelling her process. The results are going to be presented at the Canadian IANLP Regional conference in Winnipeg, October 3-4, 1992.

2) Multiple Perspectives—Simultaneous

When multiple trainers are present, there is opportunity for demonstrating double inductions, modelling cooperation and rapport, representing both genders, and even presenting in several languages when that is appropriate. As with the sequential multiple perspectives (see below), this works most effectively when the trainers share common values and vision for NLP. When they are exceptionally skilled at cooperating and “dancing” with each other to demonstrate the beauty of optimal rapport, there is further magic for the group.

In Manitoba one of our personal experiences of this involves having Maria Gomori present Satir Family Therapy material. She and I then discuss the material, identifying with the group which NLP patterns were involved and what else was part of the

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process. Participants have unanimously given praise for the learning resulting from hearing us dialog from our somewhat different perspectives. As Maria invariably produces something new and different, creative moments happen for us and for the group members.

3) Multiple Perspectives—Sequential

The variety of trainers provides participants with exposure to the range of perspectives that result from different people having integrated NLP and especially having made it “their own.” In fact, at NLP Manitoba we believe this is so crucial that we have committed ourselves to providing participants with exposure to a variety of trainers in every training.

Involving multiple trainers can lead to difficulties in maintaining a common group process unless the lead trainer (the one who is bringing in the others) carefully orchestrates the process. This has optimal value when time is allowed between guest trainers for the group to consolidate learnings and integrate experiences with the guest trainers.

Having training assistants monitor each participant’s progress provides up-to-date information for the lead trainer to be current, which facilitates updating guest trainers when they arrive and allows the lead trainer to help students reach a more complete integration of the material.

4) Trainer Disclosure

In those groups which have had profoundly moving and accelerated learning experiences, we have found that the trainer has shared personal and emotionally laden information spontaneously and in a fashion which serves the group’s learning process. This contrasts with self-disclosure as a technique, a gimmick or something which is done as a practiced part of the training. Essential in such disclosure is the trainer’s willingness to be known as a human, not just as the “expert.” Being human allows such opportunities to unfold, models vulnerability, and facilitates the group’s evolution.

5) Full Body Involvement

As Virginia Satir did so well, and as John Grinder has often emphasized by discussing the importance of leading kinesthetically, when the trainers demonstrate with full body movement (throwing themselves into the training fully) and include body movement in exercises, the phrase “embodied knowledge” seems applicable.

We value the potency of respectful touching in personal transformation as well as in establishing and maintaining rapport at an even deeper level. Leslie Cameron-Bandler does this so elegantly. This comes partly from Virginia Satir’s emphasis on the value of touching for connecting with people and for meeting a deep need people seem to have for connecting physically. At NLP Manitoba we have intentionally developed a series of exercises for physical movement and for learning to touch others most respectfully.

6) Giving & Receiving Feedback Without Blame

Early in our NLP trainings, participants learn a process for giving and receiving feedback without blame so that they do not feel critical or defensive. As a brief introduction to the process, here is an overview. When people become uncomfortable or critical of someone else’s actions, they learn to identify their PERCEPTIONS and the INTERPRETATIONS which they give to those perceptions in order to have their FEELINGS. The next step is to recognize their INTENTIONS which flow from their feelings. The final step involves selecting BEHAVIOR in line with their intent. Giving feedback or receiving it without blame involves approaching the other person and (a) stating the intent in wanting to share feedback; (b) asking if the other wants to hear it; (c) if that person is willing to receive the feedback, then sharing what was perceived, how it was interpreted and what feelings resulted, all in sentences which are “I” statements rather than “you” statements; and, (d) the persons who receive the feedback then have the opportunity to share their own PERCEPTION, INTENTION and FEELINGS, so that both have an opportunity to understand each other’s perspective. The goal in doing this is to realize that a person’s feedback tells us about them more than about us. Whether we choose to agree or disagree with them, it is important to be able to decide on our interpretations of an event and have feelings based on that personal interpretation. This model values differences of opinion, allows people to hear both positive and negative judgments without having to have their buttons pushed by them, and encourages good will and curiosity about others’ realities.

When a group uses this model, its members become more open to each other as well as to learning. There is also far greater appreciation and allowance for individual differences. If a person is unusually sensitive to criticism, this stimulates her to use her NLP skills to discover greater emotional flexibility.

These six factors have been identified as key for boosting trainings that quantum leap into the extraordinary and exceptional. Those of us involved in the panel discussion at Orlando and those of us at NLP Manitoba gladly share these fruits of our search. We welcome additional insights you may have as you consider these factors and then consider what has allowed you to have those special and treasured training experiences, whether as participant or trainer.

Steve Davis, Ph.D., Director of Training & Therapy, NLP Manitoba, 179 Lipson Street, Winnipeg, Manitoba, Canada R3G 2G8. Telephone (204) 775-9607.

July-August 1992  
NLP Connection
WOW!

A CONFERENCE OF DELIGHTFUL PROPORTIONS.....

Was it..... Inspirational?

Filled with opportunity for refreshing insight and skill development?

Enriching at multiple levels? Stimulating?

A resounding “YES!”

I certainly hope you were one of those fortunate folks who experienced the 9th Annual IANLP Conference in festive Orlando, Florida. The conference opened with some pazzazz... a 3-D film (Yup! Paper eyeglasses and all!). It was a colorful, modern, fun descriptive introduction to a bit of NLP. Wyatt Woodsmall presented his address through a metaphor wrapped around a theme of modeling diving skill and transference of same... a rather clever approach.

Then spell-binding moments with our keynote speaker, Jean Houston, Ph.D. Talk about congruence in delivery... a masterful actress, moving deftly from small child, to New York crass, to inspired evangelist... sweeping us along with her tales and message. She spoke of massive world chaos, moving from one age to another... and that we are people of this time of transition... we are “People of the Parentheses.” She spoke to our value as “mid-wives,” using our skills through this birthing process to facilitate multiple-level health... honoring human spirit and possibility.

Jean offered a frame of expansion, indicating that humans are far too complex to simply “program”... she rather likes the thought of “Neuro-Linguistic Potentiating” or even “Neuro-Linguistic Orchestrating.” For several years now I’ve wondered about the intriguing state shift I would calibrate as individuals would speak of...
their previous experience with Jean Houston... I now understand. This is a woman whose unshakeable knowing of your capacity and your sacredness is absolutely contagious. This is a woman who walks her talk.

Peggy Rubin, Jean’s cohort and former director of the renowned Ashland Shakespearean Theatre... and a woman of her own very special light... plucked our heart strings with her powerful performance of “The Mountain Whippoorwill”... What a treat!

We were off and running, choosing from a program of variety, richness, and excellence. Once again, the evaluations enthusiastically validated the quality of the offerings, presentation skills and learning experiences provided by long admired NLP veterans as well as gifted newcomers. Our ‘cup runneth over’ with talent and creativity!

Wonderful moments were shared renewing old friendships and making new connections through the Welcoming Reception, the Networking Luncheon, the Hospitality Suite, encounters in Orlando’s entertainment mecca, even simply gathering around the pool. A lot of energy is coming to life in IANLP’s ranks... some exciting years and development lie ahead.

A brief glimpse of the future...

And wait till you experience the 1993 conference in Snowbird... an utterly breath-taking, awe-inspiring mountain ski resort, a half-hour drive from Salt Lake City, Utah.

State-of-the-art conference facilities of The Cliff Lodge will serve us well in delivering another valuable program. An eleven-story windowed atrium which opens to magnificent rugged mountain beauty is only one of the mood-altering amenities. (Yes... more than likely, skiing will still be open.) This conference is in the capable, energetic hands of Martha Wiglesworth. It promises to be outstanding. She’s got some great ideas.

Best wishes to Martha and her committee. Be sure to mark your calendars now for April 23-25, 1993!

Back to Orlando...

Special Thank You to:

Conference Presenters... for your incredible generosity in sharing your insights, skills and knowledge with professionalism, clarity, warmth and wit... YOU are the conference!

Conference Participants... that you seek quality learnings, connections, applications and personal effectiveness will ensure the healthy growth of credible and ecological utilization of NLP, and a continuing forum to honor and celebrate our diversity through the unity of IANLP. YOU, too, are the conference.

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Organized and indexed for quick reference, with discussion and examples, "Be WORD WISE" emphasizes those skills that you can practice and polish with or without a partner and use with others in person, on the phone and in writing. Intended primarily for the entry level NLP community, a secondary outcome is to induce the NLP naive to enroll for formal NLP training.

By a retired corporate executive, "Be WORD WISE" is the reward of experience and wisdom of “wishing I had known then what I know now.”

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Edna Clay... and to the contingent of dedicated folks you rallied to perform monitoring duties for each session.

Suzi Smith, Tim Hallbom, and Pat O'Reilly... for your special wisdoms, time and energy in supporting conference success.

Laura Shaw... and the staff of BMA for handling all those nitty-gritty details with smiles on your faces.

With Deepest Respect,

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NLP Connection  10  July-August 1992
Harvest Your Ideas
For the 1993 IANLP Conference in Utah
You can make a difference!

by Martha Wiglesworth

In workshops about creating metaphorical stories for children, I often ask participants to recall their own favorite story from childhood. You might want to do that for yourself right now. I then ask them to think what the meaning of that story was for them and whether that has been a theme in their lives.

Just imagine if they had helped...

My story has been The Little Red Hen in which, as you will remember, the little hen asked all the animals in the barnyard to help her make bread. She even chunked the task into small bytes (!) and paced each animal with her request. But, alas, no one would help, so she did it all herself.

When she had the bread baked and asked, “Who will help me eat the bread?” there was a chorus of “I will, I will.” And you know what happened! That feisty hen said, “Oh, no! You would not help me plant the wheat. You would not help me gather the wheat. You would not help me grind the wheat into flour. And now, you will not get to help me eat the bread!”

This theme has indeed been part of creating my independent and self-sufficient spirit. Until now. Now that you have elected me IANLP Vice President for Program, I find I’m in a different kind of company. Everyone I have asked to help has accepted! And that means we will have a wonderful
feast at the 1993 Conference in Salt Lake City, and each of you is invited to share the fruits of our labors.

Watch future issues of NLP Connection for updates of information about next April. Each article will feature a different chairperson within the Conference Planning Committee, and you will know whom to address with your questions and feedback. I will welcome all communications from the board and membership with regard to the 1993 and 1994 Conference plans and policies. I ask three things: 1) that suggestions for change be made in writing, 2) with specific recommendations about how to do it better, and 3) what you are willing to do to help bring about the improvement. Address me at PO Box 336, Cynthiana, KY 41031.

In my election “blurb” (which I consider your mandate) three outcomes were defined:

1. The selection of presentations for the conference will be made by a committee balanced among the sectional interest groups. Criteria and selection process will be clearly stated in the call for proposals and in NLP Connection.

Edna Clay, chair of presentations and hashes this information in this issue. We encourage you to submit proposals. Presentations are the core of the conference. Edna will welcome your suggestions. Her address: MidSouth Institute of NLP, 2906 Garth Rd. S.E., Huntsville, AL 35801

2. This year, 1993, marks the 10th anniversary of our beginnings as a professional organization. I promised you fun, laughter, humor and special emphasis on inclusion of newcomers.

Judith McDowell is chairperson for celebration and other foolishness. You will be astounded when she shares her plans in the next NLP Connection. She welcomes ideas. Her address: 103 Upland Pl., Milton, WV 25541.

Beth Jewett is chairperson for “Integrating Newcomers.” She was a newcomer at Orlando. Contact her at 12420 Montego Plaza, Dallas, TX 75230

3. I believe we must find solutions before the year 2000 in three crucial areas: the economy, education and health (specifically addictions and sexually transmitted diseases). Virginia Satir (and you will hear me quote her often) taught us to look beneath the behavior for the self-worth need expressed through it. “The problem is not the problem,” She would say. “The coping is the problem.”

In NLP we know how to make a difference. How can we focus on changing beliefs, values, and self-concept to bring outcomes and solutions in these three critical areas? We have a chance to engage our will to do this through our presentations and discussions at Salt Lake City.

I am beginning to understand more fully what previous program chairs have done for us. Please let Teresa Robbins, who has made such a contribution during the past two years, hear your appreciation. We will be building upon her successes.

And now, hear from Edna Clay who will tell us how all this will come about!

We’re Cookin’ With Gas!

by Edna Clay

The presentation committee is busy getting organized to accept papers for the 1993 IANLP International Conference in Utah. The Call for Proposals will go out June 15. The deadline is September 15. Proposals will be divided into the seven IANLP Interest categories (education, business, training, research, medical, clinical, modelling, performance, plus one called generic.)

Members have been contacted about reading proposals within the scope of their interest section. For instance, people from the education section will read those which are primarily directed to educators. We hope this will involve more members in the process.

The Call for Proposals will have a list of criteria. Please read. As was evidenced by the conference seminars in Florida this year, we have many fine presenters. In order to include more members, we are limiting “soio” presentations to one per person. It will be fine to send more than one proposal for consideration. There is no limit to panel seminar members. Please consider sending a proposal for the 1993 Conference. If you have something to share, we want to hear and learn from you!
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OOPS!
Timothy Hoffman's Biographical material was cut short in last issue. Sorry, Tim. Here's the whole story.

Timothy Hofmann is a businessman, Master Practitioner of Neuro-linguistic Programming, and the founder of Personal Dynamics, a private counseling and psychotherapy practice. He is completing his Master of Counseling degree at the University of Phoenix in preparation for his Ph.D. program. Mr. Hofmann may be contacted at Personal Dynamics, 813 West Elliot Road, Chandler Arizona 85224, (602) 786-9130.
Calendar of Events

Advanced Communication Training, Inc., 31 Washington Square West, Penthouse B, New York, NY 10011 - Phone or Fax 1-800-422-8657

August 2-23 NLP Practitioner Certification Training - Rosendale, NY
August 24-31 Ericksonian Hypnosis Training - Rosendale, NY
October Practitioner and Master Practitioner Training Begins in NYC
February 93 Practitioner and Master Practitioner Training Begins in Zürich

Advanced Neuro Dynamics, 1833 Kalakaua Ave. #908, Honolulu, HI 96815 – Phone 800-800-6463, 808-941-2021, Fax 808-951-0417

June 27 - July 2 Accelerated NLP & Hypnosis Certification - Kona, Hawaii
August 1-16 7th NLP Trainer's Training - Toronto, Ontario
September 19-27 Huna Intensive - Hawaii
October 30 - November 4 Accelerated NLP Cert - Hawaii
November 7-22 Master NLP certification - Hawaii

Susan Grace Branch and Associates, P.O. Box 426 Pittsford, NY 14534 – Phone 716-586-6773

April 4/5 - 11/12 Practitioner & Master Practitioner Certification
November 14-22 NLP Models of Ericksonian Hypnosis & New Codes for NLP Advanced neuro-dynamic new dates
December 4-6 Prerequisites to Creativity & Innovation
September NLP in Health Care
Mar - May 1993 Practitioner & Master Practitioner Certification

Chicago NLP Network
First Friday of every month - 708-975-9521 - Tim McPike

Robert Dilts, Tim Hallbom, & Suzi Smith - 801-278-1022

Dynamic Learning Center, PO Box 1112, Ben Lomond, CA 95005 Phone 408-336-3457 Fax 408-336-5854

August 1 - September 1 Second Semester - NLP University

Facticity Traknings, POB 22814, Seattle, WA 98122 - Phone 206-462-4369

July 18-25 The Facticity Experience Workshop
August 8-22 NLP Master Practitioner Certification
Oct 24 - Nov 7 NLP & Hypnosis Practitioner Certification

FuturePace, Inc., P.O. Box 151173, San Rafael, CA 94915 – Phone 415-485-1200

July 6 - August 6 Imperative Self Analysis Training

Genesis II 4640 Hygiene Road, Longmont, CO 80503 – Phone 303-823-5053

Lifeworks Unlimited, PO Box 9430, Marina del Rey, CA 90295 - 800-682-4911 - 310-822-6988

July 10-12 Personal Evolution - John Grinder - Los Angeles

Metaformation Inc. NLP Centre Learning Opportunities, 3538 Marlowe Ave. Montreal H4A 3L7, Quebec Canada – Phone 514-486-1282 FAX: 514-486-7736

November 1992 Cultural Modeling - Bali - Dates to be announced.
Summer 1993 International Practitioner, Master Practitioner Training - Bali

Midwest Institute Of NLP, 702 W. Colfax, South Bend, IN 46628 – Phone 219-232-9639 800-235-7210

October 8-11 Systemic Leadership Skills - Robert Dilts - Chicago
Ongoing Nov.-May Practitioner Certification Program - South Bend
Ongoing Nov. -May Master Practitioner Certification Program - South Bend

Mid South Institute of NLP, 2906 Garth Road SE, Huntsville, AL 35801 - Phone 1-800-235-3372

September 11-12 PhotoReading
December 27-31 Special Christmas Package: Self Care Skills for Care Givers & Workaholics

New York Training Institute for NLP, 155 Prince St., New York, NY 10012 – Phone 212-473-2852

July 14 - August 10 NLP Practitioner Certification Program
July 17 - August 10 NLP Practitioner Certification Program

NLP Connection 14 July-August 1992
July 24 - August 2  Basic - Ericksonian Hypnosis Certification Programs
July 27 - August 2  Advanced - Ericksonian Hypnosis Certification Programs

NLP Arizona, LTD.  PO Box 2800-291, Carefree, AZ 85377 – Phone 1-800-584-6884
July 18 - August 2  NLP Master Practitioner Training
August 3-9  Integrative Behavioral Patterning™ Training

NLP Center of New Jersey - 800-35-NLPNJ
June 12-14  Intro to Design Human Engineering - Richard Bandler
June 26  Managing Conflict - John J. LaValle
September  Basics of NLP - Call for dates

NLP Comprehensive, 2897 Valmont Road, Boulder, Colorado 80301 – Phone 1-800-233-1657 or 303-422-1102 FAX 1-800-845-9275 or 303-442-0609
September 18-20  National Conference - NLP - The Wind Beneath Your Wings - Denver, Colorado
October 23 - Feb 28  Practitioner Training
October 28 - Feb 21  Master Practitioner Training
December 4-7  Advanced Language Patterns - Connirae Andreas
March 5-7 & 9-11, 1993  Trainer Training

NLP Institute of California, 800-767-6756 - 408-335-3858
August 7-9  The Aligned Self - Tamara Andreas
Oct 92 - May 93  Ultimate Masters Certification - Andreas and Dilts
November - March  Practitioner Certification Training - NLP Comprehensive

NLP Manitoba, 179 Leptonic Street, Winnipeg, Manitoba Canada R3G 2G8 – Phone 204-775-9607
August 3-23  NLP Practitioner & Master Practitioner Certification Trainings - Winnipeg

NLP of Ohio, 869 1/2 Franklin Ave., Columbus, OH 43205 – Phone 614-253-7127
July 11-12  Generative Touch - Columbus Part 1 - John Parmater
July 18-19  Generative Touch - Columbus Part 2 - John Parmater
July 24 (eve) 25-26  Aligned Self - Columbus - Tamara Andreas & John Parmater
August 22-23  Aligned Self - Cleveland
September 26-27  Aligned Self - San Jose, CA - Tamara Andreas, Generative Touch - Cleveland, OH
October 3-4  Aligned Self - Columbus
October 10-11  Generative Touch - Columbus, OH
October 16  Master Practitioner Certification Training Begins - NLP Comprehensive
October 24-25  Aligned Self - Cleveland, Generative Touch - Cincinnati, OH
October 31  NLP Comprehensive Practitioner Certification Training Begins
October 31  NLP Comprehensive Basic Skills Certification Training Begins

NLP of Oklahoma/Success Skills, 5400 N.W. Grand Blvd., Suite 100, Oklahoma City, OK 73112 - 405-942-4371
August 1  Basic level of NLP Practitioner Training begins
October 3  Advanced Level of NLP Practitioner Training Begins

NLP Santa Fe, P.O. Box 9910, Santa Fe, NM 87504-9910 – Phone 505-986-3922
Sept. 14-18  Patterns of Physiology
Oct 12-16  Hand Game Training
Nov 9-13  Mastering the Metaphor

NLP Training Systems, Inc., 2129 Spring Garden St., Philadelphia, PA 19103 – Phone 215-854-0800
Oct 10-11, 1992  Stances

NLP University, P.O. Box 1112, Ben Lomond, California 95005 – Phone 408-336-3457, FAX 408-336-5854
August 1 - 29  NLP Mastery Residential Certification Module
August 3 - 14  Basic Trainer’s Skills Core Course - NLPU 300

Eric Oliver - Meta Systems, Fort Worth, Texas – Phone 817-654-3655/206-672-7408
July 23-26  Personal Revolution Weekend - Seattle, WA - Call Paula St. James at 503-861-3691 or Beth Allard at 206-391-8784 to register

OTCC, Inc., Dave Dobson, Box 69, Friday Harbor, WA 98250
August  Other Than Conscious Communication & No-Fault Psychology - San Francisco, August 7-9 - 415/494-3711-Chicago, August 21-23 - 708/862-7777 - NY/Tristate August 14-16 - 203/221-1760 or 212/288-4264

Reese Movement Institute, 160 Chesterfield Drive, Suite B, Cardiff by the Sea, CA 92007 - 619-436-9087
Begin January 1993  Feldenkrais Guild Accredited Four-Year Program

Upstate Center for NLP - See Susan Grace Branch and Associates

NLP Connection  15  July-August 1992
A WORLD HEALTH COMMUNITY FOR THE 21ST CENTURY:
NLP HEALTH CERTIFICATION TRAINING

An NLP World Health Community

ATTENTION MASTER PRACTITIONERS:
If you have an interest in the application of NLP to health, Robert Dilts, Tim Hallbom, and Suzi Smith would like to invite you to participate in the World Health Community for the 21st Century - NLP Health Certification Training that begins in September.

This first 20-day NLP Health Certification Training has been designed to provide the context, the curriculum and the support necessary to master the current state of the art in the applications of NLP technology to health issues. It will provide people with the complete range of skills required to make an impact within the scope of their personal missions (i.e., creativity, learning and leadership as well as health). The certification training will give the opportunity for the supervision and intervision needed to adapt NLP health skills to individual vocations, cultures and contexts.

For The 21st Century

The vision of the NLP World Health Community is that of a global network of competent people engaged in many different areas and roles – people who are consistently contributing to the health and well-being of others. These individuals are committed to using their strengths within their chosen vocations while sharing the common language and models of NLP. Albert Einstein maintained that "All means prove but a blunt instrument if they have not behind them a living spirit.” An important part of the vision of the NLP World Health Community is to help transform the blunt instruments of medicine and health into 'tools of the spirit'.

WHEN: September 11-15, 1992
January 8-12, 1993
April 16-20, 1993
September 10-14, 1993

WHERE: Salt Lake City, Utah/Park City, Utah

FOR WHOM: NLP Master Practitioners/Trainers in all areas of NLP applications

TRAINERS: Robert Dilts, Tim Hallbom, Suzi Smith and other Special Guests.

Come learn how to be consistently effective and generative in using NLP with health issues.

Call (801) 278-1022 For Information
PRODUCT REVIEW:

The Isle of Pleasure: Your Path to Sexual Fulfillment
Judy K. Underwood, PhD, NLP Master Practitioner
Odyssey, Fort Collins, CO 1989
$89.95/Set of Six Audiotapes.
Tape One (Prelude) sold individually for $14.95. S/H extra.

Reviewed by Christina Boyd and Michael Hemmelgarn

“You deserve the rich pleasures life has to give.” With this objective clearly in mind, Judy Underwood on the audiotape set “The Isle of Pleasure” sets her female listeners assail on a voyage of lasting personal healing, satisfaction, exploration, and wonder, in which they can discover themselves again.

The Isle of Pleasure is that safe internal place where women can heal &/or regain a healthy sensuality in their lives, so they can fully experience what healthy sexuality is like again. Covering such topics as: Your Body, Pleasuring Yourself, Flights of Fancy, Receiving Pleasure, and Giving Pleasure, this tape set gives listeners full scope to explore their unique femininity in an atmosphere of safety, relaxation, and peace.

Available in both heterosexual and lesbian orientations according to sexual preference, these tapes can be very useful for women who have either been physically/emotionally/sexually abused &/or have issues around their sexuality, or who are just interested in enhancing the sexual aspect of their lives. They assist the listener in accessing a relaxed state for herself easily and effectively, and empower her step-by-step to feel good about herself as a whole person, from which she can experience that she has choices about her sexuality once again.

Judy has handled the subject matter very tastefully and respectfully, and honors the unique ways in which women experience their sexuality. Because of the type of material on the tapes, they are very sensual and erotic as well.

Prelude is the stand-alone self-awareness tape in the set that sets the stage for all that follows. It is more general in nature, and can actually be used equally well by women and men alike. In each succeeding tape, sections of Prelude are replayed to put the listener in a relaxed and prepared state. Women experience that they are intrinsically good, and deserve to feel good. Their sensuality is (re)awakened, strengthened, and associated with self-appreciation as a woman, and tactility exercises help them come back into their bodies and be in first position again, which is especially useful since many women dissociate as a means of coping with a prior trauma.

For those women recovering from abusive situations, this set is recommended as an adjunct to their therapy in the later stages of healing after the trauma has been released, rather than early on. For many couples, they might find it useful to experience the tape set together and thus share and enjoy a new level of sexuality with each other.

A supplementary booklet included with each set provides background about each tape and also offers suggestions for the listener if anxiety or bad feelings arise.
Special Commentary by Michael

It has been my experience that men generally don’t really understand what it takes for a woman to come back to a healthy and functional sexuality after experiencing trauma and abuse in her life. Though men don’t actually do the exercises on these tapes per se, by listening to and being open to their message, a man can learn a lot and gain a new understanding of these issues. He can thus be able to support the special woman in his life from a deep level, and share with her this journey of healing as she comes alive in all ways again.

Summary (both)

From a technical standpoint, these tapes make superb use of many NLP techniques, most specifically anchors, sub-modalities, and hypnotic language patterns. Judy chains anchors and builds resources across all six tapes, so that the end result is a very pleasurable, enlivening, and lasting experience.

A “stardust” wind chime sound is one way Judy anchors states. Her voice is soothing and gentle as she guides her listeners into deeper and deeper states of relaxation and experience, and then very ecologically re-integrates them back to the here and now. By having the same material on each side of the tape, listeners can play them repeatedly without having to break out of the states they achieve. And the extremely high quality sound engineering adds to creating a seamless package.

With the high incidence of physical, emotional, and sexual abuse in our society, it is encouraging to come across a product that not only brings the long-taboo topic of women’s sexuality out into the open in an extremely tasteful and supportive way, but also provides a viable method by which the user can heal abusive memories and enhance her ability to respond again as well.

We feel confident that therapists would find this set very useful to recommend to their clients to use at home, and that individuals who desire a richer, fuller experience of life and the pleasures it has to offer would benefit greatly as well.

Now say Isle of Pleasure six times rapidly.

Christina and Michael are NLP Master Practitioners in private practice in both Colorado and Arizona. They also own NLP Books, Etc., a major NLP products mail order/on-site bookstore, and can be reached at 1-800-783-1183 (or 602-776-0012 in the Prescott area of northern Arizona and 303-277-1527 in the Metro Denver area).

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Signature

NLP Connection 18
July-August 1992
REQUEST FOR PROPOSALS
NLP PUBLIC EDUCATION BROCHURE

The Board of IANLP has charged the Public Education Committee with the task of creating a short, easy to understand, brochure that conveys what NLP is to the general public. The goal of the brochure is to inform people as to what Neuro-Linguistic Programming is, how it can be applied in various fields, how it began, and how it is useful in one’s personal development.

GOALS OF PROJECT:

1. Help NLP gain credibility through public education.

2. Provide members with a short brochure containing a brief, easy-to-read description of NLP and its applications. (Have you ever tried to describe NLP to a naive person or group? This brochure should make it easy.) There will be a blank space on the back for the member’s stamp or personal note.

3. To provide brochures to each person joining or renewing IANLP, and make brochures available for member purchase at a reasonable cost as a special benefit.
   - Proposals must be received by July 22.
   - Contract awarded by 30 of July, 1992

Criteria for Selection:
- Writer is knowledgeable of NLP (at least a Certified Practitioner of NLP)
- Has had experience as a writer and in making complex material easy to understand. (Sample of work needs to be included to demonstrate these skills.)
- Ability to gather and assemble information from a wide variety of NLP sources in order to present a broad-based picture/description of NLP.

- Demonstrated ability to layout brochure in an attractive, readable way (include sample of past work)
- Timeliness - can deliver completed text by October 1, 1992
- Cost
- Willing to work closely with the committee on content and design.
- IANLP membership

Send Proposals to:
Carl Palmer
Public Education Committee
335 Blue Lakes Blvd. North
Twin Falls, ID 83301
Phone: (208) 734-8120
Fax: (208) 736-1983

- Proposals must be received by July 22.

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August 24-31, 1992

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Begins October, 1992 in N.Y.C.
Begins February, 1993 in Zürich

For More Information
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1-800-4-ACT-NLP
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July-August 1992
19

NLP Connection
Editor's Note: NLP Comprehensive is sponsoring a national NLP conference this year. This raises several questions: "Is this conference like IANLP conferences? Is another conference needed? Will this conference serve NLP?" We interviewed Steve and Connirae Andreas to get their viewpoints.

Q: What inspired you to start a national NLP conference?

Connirae: As a new field grows, the question emerges: "When is the field large enough that it can not only support two national conferences, but that a second conference actually adds to and enriches the field?" We think that time has come with NLP. More people are involved with NLP than ever before. There are more books available and there is much more common knowledge about NLP. All the people interested in NLP now could not possibly attend one national conference.

Steve: We feel that two conferences add rather than subtract.

When a field is large, it's no longer practical to expect everyone to converge in the same area at the same time. We believe this conference will be a magnet to draw more new people into the field, and some of those will also want to go to an IANLP conference. We are advertising and promoting the conference in such a way that we expect that to occur.

In the field of family therapy there are three major conferences each year: the AAMFT conference in October, the AFTA conference in the summer, the Family Therapy Networker Conference in March. They all have ample attendance, from 800 (AFTA) to 4,000 (AAMFT).

Q: What have you learned from those conferences and NLP conferences that will help you make your conference even better?

Connirae: Two of the family therapy organizations serve their members primarily through lobbying, newsletters, and so on, in addition to conferences. The Family Therapy Networker Symposium, in contrast, is not a membership organization. It simply provides a learning and networking opportunity through an event that invites more people into the field. We have modeled our conference after that.

IANLP is a membership organization. We have no intention of setting up an NLP membership organization. This conference, coming at a different time of year offers additional opportunity for networking and bringing new people into NLP. We have always attempted to find services that are needed but not being offered, determine which ones we want to offer, and then offer them.

Q: Is this conference different chiefly because of where and when it's being held or are there other significant factors about it?

Connirae: Where and when are significant. We purposely scheduled this conference at a time of the year which will be complementary to the IANLP conferences. In addition, because this is a privately run conference, it can have a slightly different tone and agenda. One purpose of a membership organization conference is to give most people who want to a chance to speak and present. We will focus more on a set of underlying values and concerns that are similar. We will do our best to give people a quality learning experience: NLP with heart and integrity.

Q: What are the advantages to a privately run conference?

Connirae: We can advertise as we wish, without the considerations a not-for-profit organization might have. It doesn't necessarily serve the membership to advertise to newcomers or to take chances by spending a lot of money up front for promotion, etc.

Q: Is this solely an NLP Comprehensive sponsored conference or are there other sponsors?

Steve: It is sponsored by NLP Comprehensive. The speakers are a diverse group which includes eight NLP Comprehensive trainers plus about thirty others. Steven Covey, author of The Seven Habits of Highly Effective People, is the keynote speaker. Other speakers include Richard Clarke, Lucy Freedman, David Gaster, Art Giser, Ann Gardner, David Gordon, Janet Konefal, Diane Lutzinger, Robert McDonald, Stephen Pile, Jonathan Rice, Metha Singleton, and others.

Q: Some concern has been expressed that this conference is in competition with IANLP. How do you respond to that concern?

Connirae: We are orienting ourselves to do this conference in a way that supports the field and is not competitive. We will provide space on a table at our conference for information promoting IANLP.

We consider this a part of living the NLP presuppositions: namely to seek ways that create, or at least allow for, mutual benefit.

Connirae and Steve Andreas Co-directors of NLP Comprehensive, 2897 Valmont Rd. Boulder, CO 80301 Ph. 303-442-1102
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